



GRAPEVINE-SOUTHLAKE SOCCER ASSOCIATION

U4-U5 Rules

- Game format is 4v4
- 30-minute practice followed by a 30-minute game.
- One registered coach per team may coach from the field, other coaches on the sidelines.
- No scores kept. Focus is to have fun, not competitive.
- Each player must play at least 50% of the game!

Online Resources

- [GSSA Website](#)
- [Coaching U4-U6](#)
- [Soccer Xpert Drills](#)
- [Soccer Drive Drills](#)

Contact Info

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**Join the
GSSA Coach TeamSnap Chat**

Important Dates

Aug 8: Rosters released to registered/cleared coaches
Aug 9: Coffee with the Commissioners at The Grapevine REC 9 AM
Aug 11: Fields open for U6+ practices
Aug 16: GSSA schedules posted
Aug 16/17: GSSA Weekend at Dick's Sporting Goods and Academy Sports and Outdoors
Sept 6: Opening Day Games
Sept 8: Monday Night Skills Begins